

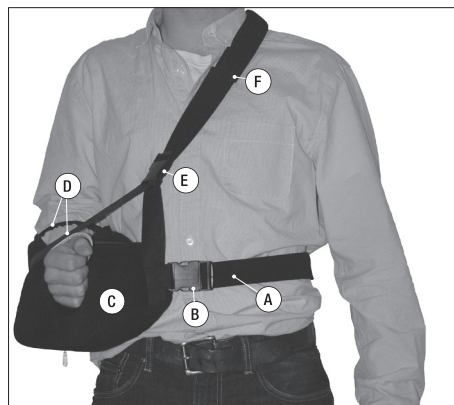
the Sleeper™

Shoulder Immobilizer and Sleeping Aid

Using the sleeper shoulder immobilizer and sleeping aid. Please refer to photo for additional assistance.

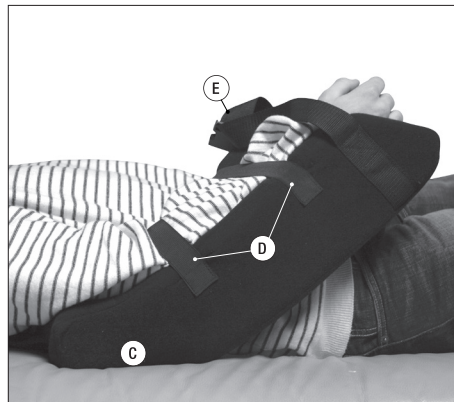
Daily Wear

1. Rest arm in the cradle (C). Secure shoulder clip (E) and waist clip (B).
2. Tighten the shoulder strap (F) to increase elbow flexion to a position of comfort.
3. Loosen the shoulder strap to decrease elbow flexion to a position of comfort.
4. Tighten the waist strap (A) to a position of comfort.
5. Secure upper arm strap to comfort (D).
6. Secure lower arm strap for comfort (D).



Sleeping Comfortably with the Sleeper

1. Remove shoulder strap from around the neck but do not unclip.
2. Do not remove the waist strap (A).
3. Lay down. The back of the shoulder cradle (C) will allow the arm to rest at a comfortable angle during sleep.
4. When you wake, place the shoulder strap around your neck.



- A). Waist Strap
- B). Waist Clip
- C). Cradle
- D). Upper & Lower Arm Straps
- E). Shoulder Clip
- F). Shoulder Strap