ALL PRODUCTS ARE DEVELOPED BY A TEAM OF ORTHOPEDIC AND HEALTH CARE PROFESSIONALS WHO INTIMATELY UNDERSTAND THE NEEDS OF THEIR PATIENTS.

#### CONTACT

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# **G-FORCE** CRYO BACK BRACE

www.gforcebraces.com

## MISSION

The patented G-Force Cryo Back Brace provides soothing, cool comfort for sprains and strains of the lower spine, spinal stenosis, displacement of intervertebral discs, and chronic lower back pain from surgery & injury.

At one time or another, lower back pain impacts 80% of Americans. This revolutionary brace affordably soothes the back while providing support for the lower lumbar area, allowing for faster recovery and increased levels of comfort.

#### BENEFITS

- Easy application and removable gel pack
- Soothing comfort to aid in recovery from sprains and strains
- Decreased pain and swelling
- One size fits most
- Provides a theraputic level of compression for targeted pain relief

### PREPARATION

The Cryo Back Brace is designed to fit sizes from small to 4XL with minimal adjustment. To adjust sizing, simply remove each side of the belt from its Velcro tab on the back panel, cut or fold each side of the belt to its desired size, and re-attach to the Velcro tab on the back panel.

Remove gel pack and place in freezer for a minimum of two hours (see warning below)

- 1. Use only after following directions for use.
- 2. Do not use gel pack on area of sensitive skin.
- Cold therapy should not be used by people with circulatory problems unless prescibed by a physician.
- 4. Gel pack is non-toxic; not intended for ingestion.
- 5. Discard gel pack if punctured or torn.

## INSTRUCTIONS

Remove gel from freezer, re-attach gel pack inside brace, making sure seams line up appropriately.



Place the brace so that the back panel is centered on your spine just above the waist, making sure the G-FORCE logo on the back panel is facing up.



While keeping the back panel centered, wrap the left side panel around your abdomen..



With the left panel held tight to your abdomen, wrap the right side panel around and secure it to the left side panel. Check to see that the back panel is still centered on your spine and adjust if needed.



Grab the compression straps using the thumb loops and simultaneously pull the compression straps away from your body until the desired level of compression is achieved.



While keeping the compression straps tight, bring each strap around and secure to the front of the brace. For maximum compression, lie on a flat surface once the brace is secured and re-adjust the compression straps.

